

## 2017 Run For Life 5K Age Group

Position	Bib #	Name	FinishTime	Pace	Age	Gender	City	State	Team Name
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### 5K TOP MALES OVERALL based on Chip Elapsed time

1	694	Marcum, Joshua	25:23.2	8:10	18	M	San Diego	CA	
2	656	Dutcher, Desmond	26:00.5	8:22	9	M	San Diego	CA	
3	695	McDaniel, Jeff	26:01.1	8:22	45	M	San Diego	CA	

### 5K TOP FEMALES OVERALL based on Chip Elapsed time

1	700	Morris, Michele	26:57.2	8:40	45	F	San Diego	CA	
2	707	Park, Carissa	28:18.6	9:07	25	F	San Diego	CA	
3	775	Cavanaugh, Christine	28:34.1	9:12	30	F	Escondido	CA	

### 5K 1-10 - based on Chip Elapsed time

1	666	Gutierrez, Eva	34:58.1	11:15	8	F	San Diego	CA	
2	738	von Damm, Anastasia	41:04.5	13:13	8	F	San Diego	CA	
3	727	Shradar, Iona	41:13.3	13:16	8	F	Escondido	CA	
4	671	Hembrador, Addyson	44:17.4	14:15	8	F	Poway	CA	
5	708	Park, Kasey	44:36.4	14:21	8	F	Escondido	CA	
6	668	Gutierrez, Myah	49:23.6	15:54	8	F	San Diego	CA	
7	706	Park, Avery	1:03:40.3	20:29	8	F	Escondido	CA	

### 5K 11-19 - based on Chip Elapsed time

1	740	von Damm, Rebecca	29:41.9	9:33	18	F	San Diego	CA	
2	758	Santosa, Jamie	34:47.9	11:12	15	F	Escondido	CA	
3	741	von Damm, Surina	37:57.6	12:13	13	F	San Diego	CA	
4	672	Hembrador, Caitlyn	44:18.0	14:15	13	F	Poway	CA	

### 5K 20-29 - based on Chip Elapsed time

1	776	Lara, Alyssa	29:04.9	9:21	28	F	Escondido	CA	
2	679	Hie, Shanna	29:50.0	9:36	25	F	San Diego	CA	
3	721	San Vicente, Alisa	32:40.5	10:31	25	F	San Diego	CA	
4	763	Lim, Kristen	32:50.4	10:34	23	F	Escondido	CA	
5	689	Lawler, Shelley	48:53.9	15:44	25	F	San Diego	CA	

### 5K 30-39 - based on Chip Elapsed time

1	777	Justice, Nicole	29:51.0	9:36	35	F	Escondido	CA	
2	676	Heverly, Rachelle	37:41.3	12:08	35	F	San Diego	CA	
3	712	Perez, Haley	47:18.3	15:13	35	F	San Diego	CA	
4	665	Gutierrez, April	49:25.0	15:54	35	F	San Diego	CA	
5	702	Neal, Melissa	50:07.0	16:08	35	F	San Diego	CA	
6	744	Williams, Renee	57:17.0	18:26	35	F	San Diego	CA	
7	736	Vitor, Noelle	57:18.2	18:27	35	F	San Diego	CA	
8	723	Scogin, Cory	58:55.9	18:58	35	F	Poway	CA	
9	709	Park, Suzie	1:03:48.5	20:32	35	F	Escondido	CA	

### 5K 40-49 - based on Chip Elapsed time

1	684	Kau, Melissa	29:03.0	9:21	45	F	San Diego	CA	
2	644	Adkins, Sheri	39:25.9	12:41	45	F	San Diego	CA	
3	751	Abraham, Violet	39:48.9	12:49	49	F	Escondido	CA	
4	773	Milan-AgIngub, Benilda	45:03.0	14:30	42	F	Escondido	CA	
5	651	Bergeron, Denise	47:44.3	15:22	45	F	San Diego	CA	

Position	Bib #	Name	FinishTime	Pace	Age	Gender	City	State	Team Name
6	718	Reynard, Kristen	53:06.0	17:05	45	F	San Diego	CA	
7	752	Soriano, Sharie	56:11.1	18:05	46	F	Escondido	CA	
8	737	von Damm, Amila	57:34.9	18:32	45	F	San Diego	CA	
9	691	Marcum, Jackie	1:00:03.2	19:20	45	F	San Diego	CA	
10	772	O'Neal, Tiy	1:04:04.5	20:37	49	F	Escondido	CA	
11	662	Geans, Kirsten	1:04:22.1	20:43	45	F	Poway	CA	

5K 50-59 - based on Chip Elapsed time

1	722	San Vicente, Carla	30:38.7	9:52	55	F	San Diego	CA	
2	711	Pauls, Wanda	42:38.0	13:43	55	F	San Diego	CA	
3	657	Edmond, Maureen	44:52.6	14:26	55	F	San Diego	CA	
4	754	McCarthy, Melanie	50:35.5	16:17	50	F	Escondido	CA	
5	664	Gray, Helen	53:10.2	17:07	55	F	San Diego	CA	
6	747	Yarnall, Kathryn	55:35.1	17:53	55	F	San Diego	CA	
7	663	Gilbert, Debra	56:09.6	18:04	55	F	San Diego	CA	
8	647	Barefoot, Carol	57:34.6	18:32	55	F	San Diego	CA	
9	774	Sharp, Sherri	58:55.0	18:58	52	F	Escondido	CA	
10	658	Flournoy, Anna	59:10.8	19:03	55	F	San Diego	CA	
11	765	Miller, Kathleen	1:02:25.0	20:05	57	F	Escondido	CA	

5K 60+ - based on Chip Elapsed time

1	743	Williams, Lynette	42:34.0	13:42	60	F	San Diego	CA	
2	764	Gmyr, Trese	49:09.3	15:49	63	F	Escondido	CA	
3	699	Morice, JoLynn	50:35.6	16:17	60	F	Vista	CA	
4	745	Woelk, Trish	50:36.5	16:17	60	F	Cape Girardeau	MO	
5	735	Vanderwaall, Kathy	53:11.1	17:07	60	F	San Diego	CA	

5K 1-10 - based on Chip Elapsed time

1	685	Kau, Micah	28:24.3	9:08	10	M	San Diego	CA	
2	780	Zaal, Jack	37:52.8	12:11	5	M	Escondido	CA	
3	726	Shradar, Ewen	41:17.8	13:17	4	M	Escondido	CA	

5K 11-19 - based on Chip Elapsed time

1	683	Kau, Jacob	35:22.4	11:23	13	M	San Diego	CA	
2	674	Hembrador, Joshua	44:15.9	14:15	13	M	Poway	CA	
3	767	Miller, Jonathan	55:49.1	17:58	11	M	Escondido	CA	

5K 20-29 - based on Chip Elapsed time

1	690	Lee, Jonathan	31:27.4	10:07	25	M	Cypress	CA	
2	781	Su, Jason	31:37.6	10:11	28	M	Escondido	CA	
3	681	Joo, Paul	31:48.2	10:14	25	M	San Diego	CA	
4	746	Yarnall, Jeffrey	55:35.3	17:53	25	M	San Diego	CA	
5	692	Marcum, Jeremy	58:02.3	18:41	25	M	San Diego	CA	

5K 30-39 - based on Chip Elapsed time

1	779	Zaal, John	37:52.0	12:11	35	M	Escondido	CA	
2	728	Shradar, Jonathan	40:46.6	13:07	35	M	Escondido	CA	
3	713	Perez, Steven	47:18.9	15:13	35	M	San Diego	CA	
4	667	Gutierrez, Jonathan	48:15.8	15:32	35	M	San Diego	CA	

5K 40-49 - based on Chip Elapsed time

1	715	Petersen, Joseph	29:14.1	9:25	45	M	San Diego	CA	
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Position	Bib #	Name	FinishTime	Pace	Age	Gender	City	State	Team Name
2	682	Kau, Albert	35:22.5	11:23	45	M	San Diego	CA	
3	770	Morris, Andrew	50:05.3	16:07	42	M	Escondido	CA	
4	701	Neal, Kendrick	50:06.8	16:07	45	M	San Diego	CA	
5	739	von Damm, Matt	57:31.7	18:31	45	M	San Diego	CA	
6	675	Hembrador, Michelle	1:01:23.8	19:45	45	M	Poway	CA	

5K 50-59 - based on Chip Elapsed time

1	759	Santosa, Handiono	27:57.8	8:59	53	M	Escondido	CA	
2	750	Porter, Anthony	29:48.1	9:35	57	M	Escondido	CA	
3	678	Hie, Frank	34:55.0	11:14	55	M	San Diego	CA	
4	710	Pauls, John	42:38.7	13:43	55	M	San Diego	CA	
5	755	McCarthy, Scott	44:21.5	14:16	53	M	Escondido	CA	
6	778	Proo, Phillip	55:58.4	18:01	59	M	Escondido	CA	
7	659	Flournoy, Henry	59:10.3	19:03	55	M	San Diego	CA	
8	693	Marcum, Joseph	59:51.4	19:16	55	M	San Diego	CA	
9	673	Hembrador, Ferdie	1:01:26.7	19:46	55	M	Poway	CA	
10	768	Chen, Luke	1:01:31.0	19:48	59	M	Escondido	CA	
11	771	O'Neal, Rob	1:04:45.6	20:50	52	M	Escondido	CA	

5K 60+ - based on Chip Elapsed time

1	698	Morice, David	28:09.5	9:04	60	M	Vista	CA	
2	646	Avilez, Alex	29:15.2	9:25	60	M	Escondido	CA	
3	720	Ruggiero, Vincent	42:50.6	13:47	60	M	San Diego	CA	
4	696	Mitchell, John	48:17.0	15:32	60	M	Escondido	CA	
5	748	Yarnall, Ronald	55:33.6	17:53	60	M	San Diego	CA	

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