

## 2017 Guiding Hands 8K Overall Report 2/25/2017 4:42:18 PM

Position	Bib #	Name	FinishTime	Pace	Age	Gender	Division	City	State	Team Name
DIVISION: 8K										
1	124	Cash, Matthew	27:58.1	5:38	28	M	8K	San Diego	CA	
2	260	Weiner, Adam	30:25.0	6:08	57	M	8K	San Diego	CA	
3	241	Swinkels, Ronnie	36:13.3	7:18	40	M	8K	San Diego	CA	
4	214	Montalvo, Adam	37:08.7	7:29	36	M	8K	San Diego	CA	
5	256	Yates, Trevor	38:00.6	7:40	38	M	8K	San Diego	CA	
6	175	Iredale, Danni	39:10.4	7:54	31	F	8K	San Diego	CA	
7	193	Kludy, Breanne	41:30.5	8:22	23	F	8K	San Diego	CA	Scottie Pride
8	126	Chase, Annie	41:45.8	8:25	39	F	8K	San Diego	CA	The Garage Girls
9	125	Chase, Damon	41:46.4	8:25	47	M	8K	San Diego	CA	The Garage Girls
10	245	Treadwell, Matthew	41:52.7	8:26	34	M	8K	San Diego	CA	Dowling & Yahnke
11	246	Treadwell, Lauren	41:53.5	8:27	31	F	8K	San Diego	CA	Dowling & Yahnke
12	212	Mokross, Debbie	43:11.3	8:42	99	F	8K	San Diego	CA	
13	151	Flood, Joe	43:31.9	8:46	40	M	8K	San Diego	CA	Dowling & Yahnke
14	188	Karels, Mark	43:32.2	8:47	54	M	8K	San Diego	CA	
15	243	Thompson, Nicholas	43:40.8	8:48	35	M	8K	San Diego	CA	
16	166	Hall, Stu	44:23.1	8:57	33	M	8K	San Diego	CA	
17	155	Francisco, Isaiah	45:07.4	9:06	11	M	8K	San Diego	CA	Quick Dry Flood Services
18	139	Drake, Vanessa	45:46.8	9:14	33	F	8K	San Diego	CA	
19	199	Leavitt, Ondrya	46:05.4	9:17	47	F	8K	San Diego	CA	
20	112	Beal, Drew	46:45.5	9:26	33	M	8K	San Diego	CA	Dowling & Yahnke
21	103	Arciniega, Caitlin	47:18.3	9:32	28	F	8K	San Diego	CA	Dowling & Yahnke
22	114	Bordelon, Suzanne	47:38.9	9:36	54	F	8K	San Diego	CA	
23	115	Bortnick, Alexandra	47:46.7	9:38	34	F	8K	San Diego	CA	Dowling & Yahnke
24	231	Simon, Christina	48:02.5	9:41	37	F	8K	San Diego	CA	
25	135	DiMaggio, Jessica	48:32.0	9:47	29	F	8K	San Diego	CA	
26	258	Zelinski, Erin	49:28.4	9:58	27	F	8K	San Diego	CA	The Slug Club
27	174	Huezo, Paulina	49:46.9	10:02	19	F	8K	San Diego	CA	Scottie Pride
28	111	Beal, Huda	49:52.7	10:03	31	F	8K	San Diego	CA	Dowling & Yahnke
29	133	DeRosier, Lisa	50:43.6	10:14	52	F	8K	San Diego	CA	The Garage Girls
30	104	Armstrong, Austin	50:50.7	10:15	16	M	8K	San Diego	CA	Scottie Pride
31	265	Detmar, Laura	50:51.8	10:15	35	F	8K	El Cajon	CA	
32	230	Sesar, Jillian	50:51.9	10:15	31	F	8K	San Diego	CA	
33	132	De Leon, Eva	51:12.0	10:19	40	F	8K	San Diego	CA	
34	227	Roth, Owen	51:12.8	10:19	34	M	8K	San Diego	CA	
35	218	O'Grady, Jim	51:14.3	10:20	68	M	8K	San Diego	CA	O'Grady's
36	202	Llamas, James	51:14.4	10:20	31	M	8K	San Diego	CA	
37	137	Doucette, Areya	52:13.9	10:32	9	F	8K	San Diego	CA	
38	136	Doucette, Leanne	52:14.0	10:32	43	F	8K	San Diego	CA	
39	223	Pipes, Katie	52:16.0	10:32	32	F	8K	San Diego	CA	The Garage Girls
40	224	Pipes, Robert	52:16.0	10:32	32	M	8K	San Diego	CA	The Garage Girls
41	140	Dunn, Alex	52:16.2	10:32	29	M	8K	San Diego	CA	Dowling & Yahnke
42	138	Doucette, Frank	52:16.2	10:32	45	M	8K	San Diego	CA	
43	153	Francisco, Malachi	52:16.3	10:32	9	M	8K	San Diego	CA	Quick Dry Flood Services
44	131	Curtin, Susan	52:26.9	10:34	63	F	8K	San Diego	CA	The Walkie Talkies
45	120	Bunch, Rachel	52:33.1	10:36	33	F	8K	San Diego	CA	The Garage Girls
46	109	Balderas, Kevin	52:33.5	10:36	31	M	8K	San Diego	CA	Dowling & Yahnke
47	159	Greiert, Barbara	52:47.8	10:39	61	F	8K	San Diego	CA	The Walkie Talkies
48	213	Montalvo, Kathleen	52:56.6	10:40	32	F	8K	San Diego	CA	
49	228	Roth, Julie	53:09.6	10:43	48	F	8K	San Diego	CA	
50	221	Perry, Cathy	53:23.8	10:46	67	F	8K	San Diego	CA	
51	108	Balderas, Dianne	53:43.1	10:50	28	F	8K	San Diego	CA	Dowling & Yahnke
52	237	Staninger, Kimberly	53:56.9	10:52	49	F	8K	San Diego	CA	Harris Family & Friends
53	129	Clancy, Meredith	54:52.5	11:04	31	F	8K	San Diego	CA	
54	170	Hayes, Sarah	55:08.2	11:07	37	F	8K	San Diego	CA	
55	220	Peng, Ana	55:23.7	11:10	19	F	8K	San Diego	CA	
56	168	Harris, Michael	57:33.1	11:36	54	M	8K	San Diego	CA	Harris Family & Friends
57	167	Harris, Cindi	57:33.4	11:36	54	F	8K	San Diego	CA	Harris Family & Friends
58	226	Ramirez, Denisse	57:46.4	11:39	33	F	8K	San Diego	CA	
59	164	Haemmerle, Traycee	58:22.0	11:46	47	F	8K	San Diego	CA	The Garage Girls

Position	Bib #	Name	FinishTime	Pace	Age	Gender	Division	City	State	Team Name
60	117	Brandon, Julie	59:04.9	11:55	35	F	8K	San Diego	CA	
61	118	Brandon, Selah	59:06.1	11:55	9	F	8K	San Diego	CA	
62	255	Williams, Nick	1:01:32.1	12:24	37	M	8K	San Diego	CA	Team Brandon
63	123	Capalbo, Chris	1:01:36.7	12:25	39	M	8K	San Diego	CA	Team Brandon
64	147	Fernandez, Alyssa	1:01:38.1	12:26	42	F	8K	San Diego	CA	Scottie Pride
65	128	Christensen, Alex	1:02:02.2	12:30	31	M	8K	San Diego	CA	Sole Mates
66	250	Whittemore, April	1:02:02.6	12:30	35	F	8K	San Diego	CA	Sole Mates
67	186	Kao, Ina	1:02:04.4	12:31	21	F	8K	San Diego	CA	
68	266	Davis, Cynnnea	1:02:14.8	12:33	59	F	8K	La Jolla	CA	
69	215	Mullen, Claudia	1:02:37.0	12:37	35	F	8K	San Diego	CA	The Garage Girls
70	207	Markey, Danika	1:03:38.3	12:50	36	F	8K	San Diego	CA	The Garage Girls
71	217	oates, becky	1:04:16.7	12:57	52	F	8K	San Diego	CA	
72	184	Johnston, Peter	1:04:41.0	13:02	58	M	8K	San Diego	CA	
73	203	Lyon, Jennifer	1:09:43.4	14:03	45	F	8K	San Diego	CA	The Garage Girls
74	121	Buono, Michelle	1:10:14.4	14:10	58	F	8K	San Diego	CA	
75	201	Lima, Erin	1:11:43.8	14:28	46	F	8K	San Diego	CA	The Garage Girls
76	116	Brandon, Jeff	1:11:50.0	14:29	34	M	8K	San Diego	CA	
77	257	Zavala, Kristin	1:12:33.9	14:38	40	F	8K	San Diego	CA	
78	149	Fitzgerald, Ann	1:13:00.3	14:43	58	F	8K	San Diego	CA	
79	171	Henley, Kristen	1:13:32.9	14:50	47	F	8K	San Diego	CA	The Garage Girls
80	178	Jendian, Aleen	1:14:32.7	15:02	45	F	8K	San Diego	CA	Scottie Pride
81	145	Falkenhan, Wendy	1:16:53.8	15:30	71	F	8K	San Diego	CA	
82	102	Anderson, Christine	1:17:15.8	15:34	51	F	8K	San Diego	CA	The Garage Girls
83	262	Miller, McKenzie	1:23:59.2	16:56	1	F	8K	San Diego	CA	
84	261	Cappadocia, Juanita	1:23:59.7	16:56	1	F	8K	San Diego	CA	
85	152	Francisco, Iokepa	1:24:00.5	16:56	40	M	8K	San Diego	CA	Quick Dry Flood Services
86	211	Miller, Lisa	1:24:05.3	16:57	49	F	8K	San Diego	CA	The Shin Splints
87	264	Francisco, Anaiah	1:24:06.2	16:57	5	F	8K	San Diego	CA	
88	154	Francisco, Cara	1:24:07.5	16:58	38	F	8K	San Diego	CA	Quick Dry Flood Services
89	172	howard, brent	1:25:49.5	17:18	63	M	8K	San Diego	CA	Abiding Dudes Groupies
90	143	Epple, Matt	1:26:00.0	17:20	62	M	8K	San Diego	CA	Abiding Dudes Groupies
91	181	Jennings, Charmaine	1:26:00.1	17:20	57	F	8K	San Diego	CA	Rick Mary D. and Friends
92	142	Epple, Jennifer	1:26:02.4	17:21	48	F	8K	San Diego	CA	Abiding Dudes Groupies
93	146	Farley, Debbie	1:26:03.4	17:21	55	F	8K	San Diego	CA	Abiding Dudes Groupies
94	110	Barbour, Tani	1:26:10.7	17:22	56	F	8K	San Diego	CA	Abiding Dudes Groupies
95	119	Bulkley, Cara	1:26:34.2	17:27	54	F	8K	San Diego	CA	
96	134	Dhanens, Dalal	1:26:47.3	17:30	50	F	8K	San Diego	CA	The Shin Splints
97	244	Torres, Ruth	1:27:26.9	17:38	50	F	8K	San Diego	CA	
98	248	Vine, Connor	1:27:38.5	17:40	11	M	8K	San Diego	CA	
99	198	Lamb, Wilsena	1:27:38.8	17:40	42	F	8K	San Diego	CA	
100	122	Busby, Sally	1:27:45.1	17:41	53	F	8K	San Diego	CA	The Shin Splints
101	249	Walker, Charlene	1:27:46.2	17:42	55	F	8K	San Diego	CA	The Shin Splints
102	105	ausen, lisa	1:27:47.2	17:42	53	F	8K	San Diego	CA	The Shin Splints
103	162	Guerrero, Jesse	1:27:53.9	17:43	15	M	8K	San Diego	CA	Helix HighSchool
104	189	Kelsey, Leslie	1:28:05.7	17:46	65	F	8K	San Diego	CA	Harris Family & Friends
105	190	Kelsey, Paul	1:28:05.8	17:46	59	M	8K	San Diego	CA	Harris Family & Friends
106	101	Adams, Jan	1:28:19.9	17:48	64	F	8K	San Diego	CA	
107	247	Trevino, Paula Ann	1:28:45.7	17:54	50	F	8K	San Diego	CA	Scottie Pride
108	161	Guerrero, Jesse	1:28:47.4	17:54	14	M	8K	San Diego	CA	Helix HighSchool
109	210	Miller, Mary	1:29:04.4	17:57	55	F	8K	San Diego	CA	Team Miller
110	141	Elliott, Juli	1:29:09.7	17:58	50	F	8K	San Diego	CA	The Shin Splints
111	156	Gandy, Mitchell	1:29:15.7	17:59	35	M	8K	San Diego	CA	Randy Jones Runners #35
112	232	Singer, Cathy	1:30:12.4	18:11	52	F	8K	San Diego	CA	The Garage Girls
113	148	Fike, Susan	1:30:25.0	18:14	99	F	8K	San Diego	CA	The Walkie Talkies
114	233	Smith, Wendy	1:33:48.9	18:55	51	F	8K	San Diego	CA	
115	235	Smith IV, Jacob	1:34:41.0	19:05	24	M	8K	San Diego	CA	
116	234	Smith III, Jacob	1:35:41.7	19:17	52	M	8K	San Diego	CA	
117	206	Lyons, Wendy	1:38:13.1	19:48	41	F	8K	San Diego	CA	Lesli Dietrich
118	236	Song, Carrie	1:38:13.9	19:48	38	F	8K	San Diego	CA	Lesli Dietrich
119	127	Christensen, Cindy	1:42:58.2	20:46	58	F	8K	San Diego	CA	Turbo Toes
120	208	Martin, Kaye	1:43:06.6	20:47	63	F	8K	San Diego	CA	Turbo Toes
121	113	Bedrossian, Lara	1:44:30.8	21:04	30	F	8K	San Diego	CA	Lesli Dietrich

Position	Bib #	Name	FinishTime	Pace	Age	Gender	Division	City	State	Team Name
----------	-------	------	------------	------	-----	--------	----------	------	-------	-----------

Position	Bib #	Name	FinishTime	Pace	Age	Gender	Division	City	State	Team Name
----------	-------	------	------------	------	-----	--------	----------	------	-------	-----------