

2015 National City Wellness 5K
August 22nd - 8:15am

Bonita Plaza
National City, Ca.

Top 3 Men

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1388	Mimo Parkens	18:41.6	6:02	50	M	5K	Nat City	CA
2	1399	Bobby Smith	18:52.9	6:05	23	M	5K	Chla Vsta	CA
3	1412	Jesus Ocampo	20:40.5	6:40	16	M	5K	Nat City	CA

Top 3 Ladies

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1348	Marina Field	21:32.6	6:57	45	F	5K	Chla Vsta	CA
2	1349	Yadira Galindo	21:34.9	6:57	39	F	5K	San Diego	CA
3	1387	Lialie Ibrahim	21:37.4	6:58	35	F	5K	San Diego	CA

10U Men

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	239	Xzavier Crews	28:07.8	9:04	10	M	5K	Nat City	CA
2	240	Zaryan Crews	28:11.3	9:05	9	M	5K	Nat City	CA
3	1221	Evelin Morgan	30:34.4	9:52	5	M	5K	Sprg Villy	CA
4	1223	Diego Munguia	32:57.6	10:38	10	M	5K	Chla Vsta	CA
5	1218	Alonso Gallardo	35:53.7	11:35	4	M	5K	Chla Vsta	CA
6	1220	Brian Morgan	36:59.0	11:56	10	M	5K	Sprg Villy	CA
7	1335	Alvaro Zazueta	36:59.5	11:56	9	M	5K	Sprg Villy	CA
8	388	K.C. Buswell	46:24.3	14:58	5	M	5K	Chla Vsta	CA
9	391	Mario E. E-Morales	52:06.3	16:48	8	M	5K	Nat City	CA
10	1332	Marcos Schmidt	52:14.6	16:51	7	M	5K	Encinitas	CA
11	1219	Cian Ketterer	52:46.9	17:01	10	M	5K	Lmn Grv	CA
12	1333	Carlos Diego Solis	53:35.2	17:17	8	M	5K	Chla Vsta	CA

11-15 Men

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1413	Kevin Bojorquez	22:25.8	7:14	13	M	5K	Nat City	CA
2	1404	Jordan Bendorf	52:13.6	16:51	13	M	5K	Chula Vista	CA

16-19 Men

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1393	Miguel Yacub	25:47.7	8:19	16	M	5K	Bonita	CA

20-29 Men

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1341	Marcus Bush	23:47.7	7:40	27	M	5K	Nat City	CA
2	1407	Chandler Spence	24:16.6	7:50	25	M	5K	San Diego	CA
3	1361	Matthew Marchante	26:22.7	8:30	29	M	5K	Chla Vsta	CA

30-39 Men

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1410	Christian Barwig	21:54.2	7:04	32	M	5K	Stuttgart	
2	1390	Louis Calderon	27:35.4	8:54	37	M	5K	Nat City	CA
3	1358	Benjamin Ikuta	29:02.2	9:22	32	M	5K	Santa Ana	CA

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4	1357	James Huetteman	33:15.5	10:44	32	M	5K	Chla Vsta	CA
5	1350	Marko Gallardo	35:55.6	11:35	35	M	5K	Chla Vsta	CA

40-49 Men

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1340	Roberto Bonilla	21:25.1	6:55	40	M	5K	Chla Vsta	CA
2	1398	Jaima Vargas	22:24.4	7:14	40	M	5K	Nat City	CA
3	1372	Dana Richardson	24:25.1	7:53	43	M	5K	Nat City	CA
4	1338	Dave Blake	24:29.3	7:54	46	M	5K	San Marcos	CA
5	1411	Mahjeet Singh	25:10.7	8:07	40	M	5K	Chla Vsta	CA
6	1352	Nasara Gargonnu	25:59.5	8:23	45	M	5K	san diego	CA
7	1360	Tony King	26:09.1	8:26	40	M	5K	Chla Vsta	CA
8	1346	Joel Diaz	27:12.3	8:46	43	M	5K	el cajon	CA
9	1408	Carlos Solorzano Jr.	31:44.1	10:14	41	M	5K	Nat City	CA

50-59 Men

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1391	James Clark	25:49.6	8:20	51	M	5K	Bonita	CA
2	1371	Armando Reyes	27:12.2	8:46	54	M	5K	el cajon	CA
3	1375	James Rudolph	36:18.1	11:43	56	M	5K	San Diego	CA

60-69 Men

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1383	Scott Wilson	25:33.2	8:15	61	M	5K	Highland	CA
2	1364	Gifford Marzoni	30:59.4	9:59	62	M	5K	Imp Bch	CA

10U Ladies

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	296	Tessa Buswell	24:10.2	7:48	9	F	5K	Chla Vsta	CA
2	1334	Karen Zazueta	26:45.2	8:38	8	F	5K	Sprg Villy	CA
3	1402	Trinity Bendorf	30:27.8	9:49	9	F	5K	Chula Vista	CA
4	1403	Jewel Bendorf	32:06.4	10:21	7	F	5K	Chula Vista	CA
5	384	Bonnie Buswell	33:03.9	10:40	7	F	5K	Chla Vsta	CA
6	359	Addison Buswell	46:17.7	14:56	9	F	5K	Chla Vsta	CA
7	1225	Solimar Schmidt	53:17.2	17:11	9	F	5K	Encinitas	CA

11-15 Ladies

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1222	Alejandra Munguia	32:56.8	10:37	12	F	5K	Chla Vsta	CA
2	1224	Natalie Newton	33:32.6	10:49	15	F	5K	Chla Vsta	CA
3	270	Francesca Aguirre	47:03.8	15:11	11	F	5K	Chla Vsta	CA

16-19 Ladies

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	478	Ashley Estrada	51:08.8	16:30	16	F	5K	Nat City	CA
2	1397	Abril Ruiz	55:50.7	18:01	18	F	5K	ChulaVista	CA

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20-29 Ladies

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1337	Karla Arias	24:22.8	7:52	29	F	5K	Nat City	CA
2	1354	Rachel Green	26:16.0	8:28	27	F	5K	San Diego	CA
3	1362	Carmen Martinez	32:07.7	10:22	28	F	5K	Nat City	CA
4	1356	Sarah Huetteman	33:15.7	10:44	24	F	5K	Chla Vsta	CA
5	1395	Meagen Martinez	49:32.9	15:59	28	F	5K	ChulaVista	CA

30-39 Ladies

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1389	Ivonne Avila	27:34.7	8:54	34	F	5K	Nat City	CA
2	1370	Donna Powell	27:52.0	8:59	38	F	5K	San Diego	CA
3	1385	Blanca Sanchez	28:23.7	9:09	36	F	5K	San Diego	CA
4	1339	Perla Bonilla	31:50.9	10:16	36	F	5K	Chla Vsta	CA
5	1384	Janessa Zertuche	34:43.3	11:12	33	F	5K	San Diego	CA
6	1345	Mary Anne Dandan	34:48.9	11:14	31	F	5K	San Diego	CA
7	1374	Teresa Roman	35:30.5	11:27	32	F	5K	Nat City	CA
8	1405	Cleysa Valdez	39:55.8	12:53	36	F	5K	Chula Vista	CA
9	1343	Ana Castaneda	43:54.0	14:10	34	F	5K	San diego	CA
10	1396	Andrea Ruiz	46:18.5	14:56	36	F	5K	ChulaVista	CA

40-49 Ladies

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1382	Theresa Wells	25:09.2	8:07	45	F	5K	Sprg Villy	CA
2	1351	Madaline Garcia	27:31.5	8:53	43	F	5K	Nat City	CA
3	1342	Bertha Campos	27:37.2	8:55	41	F	5K	Chla Vsta	CA
4	1336	Elena Amaya	28:00.8	9:02	48	F	5K	San Diego	CA
5	1369	Luz Piamonte	28:02.2	9:03	46	F	5K	Chla Vsta	CA
6	1353	Lorena Gonzalez	29:44.4	9:35	44	F	5K	San Diego	CA
7	1359	Arlene King	32:18.8	10:25	40	F	5K	Chla Vsta	CA
8	1406	Terri Turner	37:59.5	12:15	47	F	5K	Chla Vsta	CA
9	1368	Yvette P Moore	38:04.0	12:17	48	F	5K	San Diego	CA
10	1344	Ileana Castellanos	47:04.2	15:11	42	F	5K	ChulaVista	CA
11	1386	Patty	52:07.3	16:49	46	F	5K	Nat City	CA
12	1401	Theresa Bendorf	52:34.9	16:57	42	F	5K	Chula Vista	CA

50-59 Ladies

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1392	Josie Clark	26:55.9	8:41	54	F	5K	Bonita	CA
2	1367	Leilani Navarro	33:05.3	10:40	56	F	5K	San Diego	CA
3	1365	Susan McCrackin	33:38.0	10:51	51	F	5K	Santee	CA
4	1394	Myrna Reed	51:31.7	16:37	58	F	5K	ChulaVista	CA
5	1381	Juanita Warner	53:09.0	17:09	50	F	5K	San Diego	CA

60-69 Ladies

Plc	Bib #	Name	Time	Pace	Ag	Gn	Race	City	ST
1	1373	Maria Rodriguez	27:38.7	8:55	64	F	5K	Chla Vsta	CA

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2 1363 Michele Marzoni

27:47.4 8:58 60 F 5K Imp Bch CA