

2015 Carmel Valley Trail Run (5k)
Sept. 19th - 8:00am

Gonzalez Canyon, S.D. Ca.
Seasick Marketing

OA	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	76	Sheldon Subith	22:52.3	7:23	60	M	5K	Hemet	CA
2	19	Gayle Derfus	25:35.6	8:15	37	F	5K	Solana Beach	CA
3	20	Logan Derr	25:39.1	8:16	30	M	5K	San Diego	CA
4	11	Krish Coughran	25:45.1	8:18	42	M	5K	Cardiff	CA
5	10	Wayne Cottrell	26:14.4	8:28	53	M	5K	San Clemente	CA
6	27	Cindy Gary	26:25.8	8:31	50	F	5K	Encinitas	CA
7	13	Daniel Craig	28:16.7	9:07	36	M	5K	San Diego	CA
8	22	Mei-Shen Edwards	28:17.8	9:07	32	F	5K	San Diego	CA
9	86	Glenn Frater	28:29.9	9:11	53	M	5K	R. Santa Fe	CA
10	30	George Greco	28:55.9	9:20	67	M	5K	Carlsbad	CA
11	4	Brooke Benlifer	29:01.7	9:22	36	F	5K	Carlsbad	CA
12	61	Ronald Mendes	29:32.6	9:32	57	M	5K	San Diego	CA
13	29	Lauren Gray	30:01.5	9:41	34	F	5K	Cardiff	CA
14	84	Erica Zempko	30:13.5	9:45	30	F	5K	San Diego	CA
15	31	Michael Heltzen	30:15.2	9:45	35	M	5K	San Diego	CA
16	32	Anson Hsu	31:35.0	10:11	31	M	5K	San Diego	CA
17	26	Steven Fry	33:36.4	10:50	35	M	5K	Carlsbad	CA
18	68	Tricia Rott	34:32.9	11:08	45	F	5K	San Diego	CA
19	136	Cameron Cooper	36:05.2	11:38	11	M	5K	San Diego	CA
20	3	Anna Andersen	36:51.1	11:53	36	F	5K	La Jolla	CA
21	62	Sheryl Mercer	37:47.2	12:11	53	F	5k	Victorville	CA
22	14	John Crawley	37:59.1	12:15	61	M	5K	San Diego	CA
23	17	Kevin Dake	40:55.4	13:12	39	M	5K	Oceanside	CA
24	37	Erica Ingle	41:17.2	13:19	46	F	5K	Carlsbad	CA
25	25	Selena Fergurson	42:17.1	13:38	32	F	5K	Alton	IL
26	51	Victoria Lalonde	42:28.5	13:42	23	F	5k	Montreal	QC
27	180	Virginia Howard	43:26.9	14:01	39	F	5K	Yorba Linda	CA
28	77	Suzanne Sutton	43:49.4	14:08	45	F	5K	Del Mar	CA
29	66	Stacy Roberts	43:53.3	14:09	45	F	5K	Lakeside	CA
30	34	Jean Hunt	43:55.2	14:10	40	F	5K	Santee	CA
31	38	Owen Ingle	44:38.0	14:24	12	M	5K	Carlsbad	CA
32	39	Daniel Ingle	44:38.3	14:24	45	M	5K	Carlsbad	CA
33	12	Nicole Craig	44:45.5	14:26	33	F	5K	San Diego	CA
34	54	Mitch Mackay	45:15.5	14:36	22	M	5K	San Diego	CA
35	16	Kendra Dake	45:19.9	14:37	40	F	5K	Oceanside	CA
36	73	Patrick Sheehan	45:36.2	14:43	55	M	5K	San Diego	CA
37	55	Andrea Marshall	45:36.6	14:43	49	F	5K	San Diego	CA
38	85	Laura Serrano	45:44.7	14:45	46	F	5K	Chula Vista	CA
39	72	Steven Sawaya	45:54.5	14:48	40	M	5K	La Mesa	CA
40	185	BJ Jacquot	46:11.8	14:54	41	M	5K	Yorba Linda	CA
41	5	Armand Bright	46:16.4	14:55	41	M	5K	San Diego	CA
42	21	Katherine Dicker	47:08.9	15:12	42	F	5k	San Diego	CA
43	219	Susie Pagan	47:48.5	15:25	42	F	5K	San Marcos	CA
44	249	Marnie Sismanis	47:48.5	15:25	57	F	5K	del mar	CA
45	80	Yvonne Valenzuela	47:56.7	15:28	61	F	5K	San Diego	CA

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46	230	Jessica Porter	48:09.0	15:32	40	F	5k	Poway	CA
47	83	Sadeq Zabihi	48:46.1	15:44	25	M	5k	San Diego	CA
48	9	Jeremiah Convery	49:21.6	15:55	43	M	5K	San Diego	CA
49	28	Stephanie Gilliland	49:54.4	16:06	35	F	5K	San Diego	CA
50	166	Alina Grun	50:08.4	16:10	44	F	5K	San Diego	CA
51	135	Amy Cooper	50:08.5	16:10	38	F	5K	San Diego	CA
52	263	Nela T-Andrijanic	50:08.5	16:10	45	F	5K	San Diego	CA
53	70	AYSU SAGLAM	50:09.6	16:11	11	F	5K	San Diego	CA
54	106	Tamara Andrijanic	50:33.0	16:18	11	F	5K	San Diego	CA
55	52	Diana Lemos	50:52.2	16:25	30	F	5K	San Diego	CA
56	69	EYLEM SAGLAM	51:14.9	16:32	42	F	5K	San Diego	CA
57	1	Angeli Adriano	52:35.7	16:58	46	F	5K	San Diego	CA
58	79	Tami Torris	52:48.9	17:02	60	F	5K	Fallbrook	CA
59	40	Alvina Jarquin	52:49.4	17:02	43	F	5K	campo	CA
60	75	Emmy Sobieski	53:05.2	17:07	49	F	5k	San Marcos	CA
61	2	DEVIM ALBAYRAK	53:06.5	17:08	46	M	5K	San Diego	CA
62	48	Ceann KEREKES	53:16.3	17:11	47	F	5K	Oceanside	CA
63	64	Gustavo Padilla	54:59.1	17:44	40	M	5K	Chula Vista	CA
64	7	Joelle Chandler	55:01.5	17:45	32	F	5K	Escondido	CA
65	60	Melissa Meetze-Hall	1:00:16.9	19:26	52	F	5K	Temecula	CA
66	65	Cynthia Padilla	1:02:39.4	20:13	36	F	5K	San Diego	CA
67	35	Zeynep Ilgaz	1:04:35.6	20:50	42	F	5k	San Diego	CA
68	36	Arden Ilgaz	1:04:39.9	20:51	6	M	5k	San Diego	CA
69	99	Laura Ross	1:15:48.8	0.24:27	38	F	5K	Poway	CA