

2015 Carmel Valley Trail Run (10k)
Sept. 19th - 8:00am

Gonzalez Canyon, S.D. Ca.
Seasick Marketing

Top 3 OA Men

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	200	Nicolas Margarot	43:17.7	6:59	39	M	10K	San Diego	CA
2	236	Jamiee Rossi	43:34.3	7:02	30	M	10K	El cajon	CA
3	261	Fasil Tadesse	43:51.4	7:04	44	M	10K	San Diego	CA

Top 3 OA Women

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	274	Lora Wesolowski	53:04.7	8:34	37	F	10K	Coto de Caza	CA
2	220	Lisa Paglia	56:19.2	9:05	39	F	10K	San Diego	CA
3	285	Maya Phillips	56:25.2	9:06	42	F	10K	Ramona	CA

MEN

20-29

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	282	John Yohannan	47:16.0	7:37	29	M	10K	San Diego	CA
2	165	Joe Grimshaw	48:20.4	7:48	29	M	10K	San Diego	CA
3	147	Paul Durfee	49:58.9	8:04	28	M	10K	Poway	CA
4	130	Patrick Charles	54:36.1	8:48	24	M	10K	San Diego	CA
5	284	Andres Lendori	1:01:33.8	9:56	22	M	10K	san diego	CA
6	277	Spenser West	1:03:37.3	10:16	27	M	10K	Carlsbad	CA
7	155	Joe Freeman	1:06:42.4	10:45	28	M	10K	San Diego	CA
8	143	Paresh Dave	1:08:59.8	11:08	24	M	10K	los angeles	CA

30-39

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	232	Dustin Purdy	44:05.5	7:07	33	M	10k	Carlsbad	CA
2	211	Rajiv Nambiar	46:31.8	7:30	39	M	10K	San Diego	CA
3	113	Jeff Bales	49:29.6	7:59	38	M	10K	San Diego	CA
4	126	Daniel Camacho	53:07.7	8:34	34	M	10K	San Diego	CA
5	210	Will Morrison	54:31.1	8:48	34	M	10K	Del Mar	CA
6	145	Punit Dhillon	54:40.6	8:49	35	M	10K	San Diego	CA
7	176	Brandon Hines	55:13.3	8:54	32	M	10K	Vista	CA
8	111	Todd Baca	57:42.4	9:18	35	M	10K	Riverside	CA
9	124	John Burger	59:02.1	9:31	33	M	10k	San Diego	CA
10	189	James Kim	1:02:45.0	10:08	33	M	10K	los angeles	CA
11	168	Luke Gruner	1:02:52.1	10:08	35	M	10K	Murrieta	CA
12	273	Zach Weg	1:03:53.0	10:18	32	M	10K	San Diego	CA
13	132	Steven Collins	1:04:10.6	10:21	32	M	10K	San Diego	CA
14	140	Rob Dallaire	1:07:57.0	10:58	39	M	10K	murrieta	CA
15	108	Adam Armstead	1:11:32.8	11:32	33	M	10K	Santee	CA
16	223	Ramon Perez	1:13:04.8	11:47	35	M	10K	San diego	CA
17	170	Christopher Hagopian	1:13:17.4	11:49	39	M	10k	solana beach	CA
18	177	Jordan Hope	1:13:50.1	11:55	32	M	10K	Santa Rosa	CA

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19	128	Roberto Cervantes	1:15:28.6	12:10	34	M	10K	san diego	CA
20	225	Lance Perry	1:16:20.6	12:19	37	M	10K	Spring Valley	CA
21	161	Billy Gordon	1:23:17.0	13:26	33	M	10K	FPO	CA

40-49

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	187	Robert Kepler	46:29.1	7:30	47	M	10K	San Diego	CA
2	281	DAIGO YACHI	50:12.0	8:06	44	M	10K	San Diego	CA
3	286	Mauricio Carrillo	53:20.8	8:36	44	M	10K	vista	CA
4	172	David Haub	55:52.7	9:01	47	M	10K	San Diego	CA
5	283	Kevin Zempko	56:19.0	9:05	40	M	10K	San Diego	CA
6	178	Kevin Hopp	56:57.9	9:11	44	M	10k	San Marcos	CA
7	146	Troy Dolphin	58:34.0	9:27	42	M	10K	Vista	CA
8	265	Michael Trout	1:01:59.1	9:59	40	M	10K	Oceanside	CA
9	159	Scott Gibson	1:04:32.7	10:25	40	M	10K	San diego	CA
10	173	Michael Hettinger	1:05:50.1	10:37	46	M	10k	La Mesa	CA
11	121	Dave Blake	1:07:05.4	10:49	47	M	10K	san marcos	CA
12	276	Stephen West	1:07:55.9	10:57	46	M	10K	san diego	CA
13	144	Adam Decle	1:10:12.7	11:19	41	M	10K	Williamsburg	VA
14	181	Serhat Ilgaz	1:10:26.4	11:22	42	M	10k	san diego	CA
15	137	Mark Croyle	1:28:20.5	14:15	49	M	10K	TEMECULA	CA
16	235	Vernon Ross	1:30:14.9	14:33	40	M	10K	Poway	CA
17	158	John Gervais	1:45:51.4	17:04	49	M	10K	Escondido	CA

50-59

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	262	Andy Thacher	51:59.2	8:23	52	M	10K	San Diego	CA
2	258	Jason Strauch	52:26.2	8:27	51	M	10K	San Diego	CA
3	242	Roy Schmidt	55:43.4	8:59	53	M	10K	Chelsea	MI
4	251	Adrian Smith	1:06:38.6	10:45	55	M	10K	San Diego	CA
5	125	Tjeerd Buruma	1:11:18.5	11:30	50	M	10K	Hilversum	
6	208	Rick Mitchell	1:13:16.1	11:49	53	M	10K	Temecula	CA
7	186	Doug Jarvis	1:16:00.6	12:15	59	M	10K	vista	CA
8	195	Steven Lee	1:41:50.5	16:25	53	M	10K	San Jose	CA

60+

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	205	Ron McCain	1:08:22.3	11:02	68	M	10K	Fallbrook	CA
2	102	Jeff Alexander	1:13:38.0	11:53	63	M	10K	San Diego	CA
3	241	David Scatena	1:16:20.0	12:19	68	M	10K	Encinitas	CA

LADIES

20-29

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	134	Katherine Connor	57:49.7	9:20	24	F	10K	La Jolla	CA
2	206	Molly McCarthy	58:34.6	9:27	29	F	10K	La Jolla	CA

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3	255	Lacey Sovacool	59:44.6	9:38	29	F	10K	San Marcos	CA
4	234	Candice Robinson	1:02:49.7	10:08	25	F	10K	Oceanside	CA
5	257	Bartley Stratton	1:06:50.9	10:47	28	F	10K	carlsbad	CA
6	216	Molly OKeefe	1:27:39.5	14:08	29	F	10K	San Diego	CA
7	221	Alyssa Panyawai	1:34:09.8	15:11	28	F	10K	San Diego	CA

30-39

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	214	Sharon Nguyen	58:23.9	9:25	35	F	10K	San Diego	CA
2	245	Susan Shauger	1:00:27.1	9:45	33	F	10k	San Diego	CA
3	149	Janice Dy	1:00:44.3	9:48	30	F	10K	san diego	CA
4	260	Meghan Swavely	1:01:06.8	9:51	31	F	10k	San Diego	CA
5	141	Julie Dalzell	1:03:30.7	10:15	39	F	10K	San Diego	CA
6	193	Jessica Lasak	1:05:20.5	10:32	36	F	10K	San Diego	CA
7	152	Fabis Figueroa	1:07:04.7	10:49	38	F	10K	San Diego	CA
8	184	Michelle Jacob	1:10:29.3	11:22	38	F	10K	Carlsbad	CA
9	202	Brigitte Martinez	1:10:33.9	11:23	31	F	10K	San Diego	CA
10	139	Laci Dallaire	1:10:41.4	11:24	33	F	10K	murrieta	CA
11	269	Suzette Viernes-Stier	1:11:52.9	11:35	39	F	10K	San Marcos	CA
12	156	Jennifer Fuller	1:12:44.2	11:44	33	F	10K	San Diego	CA
13	222	Jane Perez	1:13:08.1	11:48	34	F	10K	San diego	CA
14	160	Melissa Giron	1:14:15.9	11:59	34	F	10K	Carlsbad	CA
15	231	Heather Purcell-Mullins	1:15:04.8	12:06	31	F	10k	San Marcos	CA
16	240	Courtney Rysdon	1:16:41.0	12:22	37	F	10K	Temecula	CA
17	167	Lindsay Gruner	1:18:12.0	12:37	35	F	10K	murrieta	CA
18	105	Jessica Anderson	1:19:42.3	12:51	34	F	10k	Fallbrook	CA
19	118	Hilda Berdugo	1:20:52.3	13:03	30	F	10K	San Diego	CA
20	127	Fernanda Castillo	1:24:23.0	13:37	34	F	10K	Chula Vista	CA
21	169	Kacie Hagopian	1:26:09.5	13:54	32	F	10k	solana beach	CA
22	129	Sonia Cervantes-Serrato	1:28:21.7	14:15	39	F	10k	Murrieta	CA
23	233	Aulii Reyes	1:29:01.3	14:21	36	F	10K	Chula Vista	CA
24	268	Jasmin Viernes	1:32:26.1	14:55	31	F	10K	San Diego	CA
25	107	Melanie Armour	1:34:33.9	15:15	33	F	10k	san diego	CA
26	226	Carolina Perry	1:37:32.2	15:44	37	F	10K	Spring Valley	CA
27	192	Melanie Kuderka	1:46:19.0	17:09	38	F	10k	Carlsbad	CA
28	100	Chaitali Ahya	1:46:19.7	17:09	37	F	10K	San Diego	CA

40-49

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	278	Keri White	58:16.8	9:24	42	F	10K	san diego	CA
2	238	Lisa Routhier	1:00:21.9	9:44	46	F	10K	San Diego	CA
3	212	lisa neal	1:02:28.7	10:05	46	F	10k	la mesa	CA
4	198	Viviana Lozano	1:02:41.5	10:07	43	F	10K	san diego	CA
5	164	Alicia Gresser	1:06:23.4	10:42	46	F	10K	San Diego	CA
6	270	Leigh Vosseller	1:08:44.5	11:05	43	F	10K	San Diego	CA
7	183	Therese Jackson	1:12:20.1	11:40	46	F	10K	Encinitas	CA
8	248	Jan Sippel	1:13:45.0	11:54	45	F	10k	San Diego	CA

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9	112	Michelle Bacardi	1:14:06.2	11:57	42	F	10K	San Marcos	CA
10	264	Bridgette T-Duclayan	1:14:51.3	12:04	44	F	10K	Winchester	CA
11	253	Dani Snyder	1:15:22.8	12:09	46	F	10K	San marcos	CA
12	115	Sara Bancroft	1:18:10.2	12:36	49	F	10K	San Diego	CA
13	246	Vania Shih	1:19:16.1	12:47	48	F	10K	San Diego	CA
14	188	Mary Kerr	1:20:30.1	12:59	42	F	10K	El Cajon	CA
15	252	Susanne Smith	1:23:05.1	13:24	44	F	10k	San Diego	CA
16	119	Prima Bernabe	1:27:11.0	14:04	48	F	10K	San Diego	CA
17	272	Jennifer Watson	1:29:07.0	14:22	44	F	10K	Fallbrook	CA
18	174	Elizabeth Hewitt Gibson	1:29:40.9	14:28	49	F	10K	San Marcos	CA
19	256	Erin Storm	1:31:56.5	14:50	40	F	10K	Los Altos	CA
20	109	Amy Armstrong	1:31:56.5	14:50	40	F	10K	Oceanside	CA
21	275	Jessica West	1:35:51.0	15:28	44	F	10K	san diego	CA
22	157	Norma Gervais	1:45:51.2	17:04	47	F	10K	Escondido	CA
23	171	Cindy Hailey	1:46:30.0	17:11	46	F	10K	San Diego	CA

50-59

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	151	Lisa Eaton	1:00:10.1	9:42	54	F	10K	Valley Center	CA
2	218	Mirta Ott	1:11:30.9	11:32	52	F	10k	San Diego	CA
3	179	Kathy Horine	1:13:43.3	11:53	59	F	10K	Encinitas	CA
4	153	Maria Firtuos	1:15:57.4	12:15	52	F	10K	Murrieta	CA
5	162	Mary Gorsuch	1:18:04.6	12:35	58	F	10K	Escondido	CA
6	150	Roxane Dyer	1:20:02.8	12:55	55	F	10K	Ramona	CA
7	247	Naomi Shimasaki	1:20:11.2	12:56	55	F	10K	San Diego	CA
8	196	Nancy Lee	1:22:01.5	13:14	58	F	10K	Carlsbad	CA
9	224	Pam Perez	1:24:37.5	13:39	50	F	10K	San Marcos	CA
10	194	C. Jean Law	1:24:38.3	13:39	56	F	10K	San Diego	CA
11	228	Magee Pitkin	1:32:14.0	14:53	58	F	10K	Temecula	CA
12	138	Donna Croyle	1:34:04.5	15:10	51	F	10K	TEMECULA	CA
13	237	Carmen Roup	1:41:50.1	16:25	55	F	10K	Menifee	CA

60+

Plc	Bib #	Name	Time	Pace	Ag	GN	Evt	City	ST
1	101	Vickie Alexander	1:04:11.6	10:21	60	F	10K	San Diego	CA
2	114	Mary Jo Ball	1:20:43.1	13:01	60	F	10K	San Diego	CA