

2014 Free to Breathe 5k (3.15miles)
Overall Results (08/16/14)

Sea Port Village / San Diego Ca.
North Embarcadero Marina

Place	Bib	Name	Finish	Age	Gen	City	Team Name
1	1	Erik Armes	16:08.3	17	M	Coronado	
2	178	Michael Soto	18:44.6	31	M	Alhambra	
3	111	Tyler Kneeskern	19:02.1	25	M	San Diego	Nat. Personal Training Inst.
4	60	Timothy Dock	19:49.7	38	M	La Mesa	
5	2	Stephen Armes	20:01.4	44	M	Coronado	
6	3	Marshall Varano	20:08.9	52	M	san diego	
7	52	Bryan Curley	21:00.0	45	M	Gilbert	
8	75	Dakota Fliptin	21:08.3	29	M	San Diego	Nat. Personal Training Inst.
9	215	Damion Cormier	21:12.0	46	M	Spring Valley	NPTI
10	114	Alan Kwok	21:45.9	35	M	San Diego	
11	41	Andrew Chavira	22:21.8	16	M	San Diego	#AbuelitosDay
12	223	Andrew Pavelchen	23:00.2	49	M	Poway	
13	154	Jan Pacho	23:14.2	27	M	national city	Team Kohl's Eastlake
14	197	Venus Garcia	23:18.7	30	F	San Diego	
15	19	Andrew Basa	23:38.5	42	M	San Diego	
16	203	James Cramer	23:44.8	24	M	San Diego	NPTI
17	142	Courtney McGowan	23:50.0	27	F	San Diego	
18	180	Dustin Stanton	23:58.4	34	M	San Diego	BD Biosciences - San Diego
19	198	Cecilia Buckner	23:59.3	53	F	Bonita	1 team 1 Fight!!
20	202	Micheal Mack	24:03.1	48	M	San Diego	
21	136	Sara Martin	24:04.0	24	F	Sacramento	
22	218	Mathew Kuhnan	24:20.0	39	M	Muskego	
23	211	Gil Gonzalez	24:50.0	61	M	San Diego	
24	206	Carina Deans	24:54.6	52	F	San Diego	
25	195	Micheal Jaurhs	25:37.9	56	M	Solana Beach	timstrong
26	158	Christine Poletto	25:56.6	24	F	San Diego	
27	17	Nyra Balquiedra	26:02.7	32	F	Fontana	Team Merlyn
28	71	Melissa Everard	26:15.5	35	F	San Diego	
29	33	Greg Campbell	26:16.8	29	M	San Diego	PD 5K Team
30	201	Hieu Bui	26:24.4	27	F	San Diego	NPTI
31	186	Carlos Walther-Meade	27:01.5	36	M	La Jolla	
32	79	REBECCA GARCIA	27:05.0	31	F	SYLMAR	Team Julia Gruca
33	49	Mario Costello	27:14.6	19	M	San Diego	Nat. Personal Training Inst.
34	109	Stephen Kauffman	27:16.5	38	M	Tustin	Team Peregrine
35	184	Juan Vera	27:18.0	38	M	san leandro	
36	4	Karla Armes	27:20.0	44	F	Coronado	
37	18	Myron Bang	27:25.3	25	M	San Diego	
38	26	Allie Bostron	27:25.7	22	F	San Diego	
39	82	Michael Gentry	27:28.2	27	M	San Diego	Team TimStrong
40	121	Brian Lilhanand	27:31.7	37	M	San Diego	BD Biosciences - San Diego
41	59	MEGAN DEMERS	27:34.1	25	F	SAN DIEGO	
42	216	Bernardo Bustamante	27:34.5	45	M	San Diego	NPTI
43	138	Jamie Mazza	27:41.2	42	M	Encinitas	
44	126	Meredith Long	27:51.0	31	F	San Diego	Team TimStrong

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45	155	Hilda Pastoriza	27:57.4	35	F	Long Beach	Team Peregrine
46	80	Hanna Garritson	28:07.8	18	F	Chula Vista	Team Kohl's Eastlake
47	167	Celine Santos	28:21.7	15	F	Azusa	
48	42	Stephen Chua	28:24.0	32	M	orange	Team Peregrine
49	113	Jessica Kuhnau	28:29.0	39	F	Muskego	
50	208	Vanessa Colehan	29:05.7	33	F	San Diego	#AbuelitosDay
51	92	Eve Guianan	29:09.4	48	F	Chula Vista	Team Kohl's Eastlake
52	39	Connie Chang	29:11.4	42	F	Tustin	Team Peregrine
53	45	Amelia Cline	29:18.3	31	F	Tustin	Team Peregrine
54	217	Barry Lehmer	29:46.7	59	M	Carlsbad	
55	32	Scott Camara	29:57.1	31	M	Tustin	Team Peregrine
56	53	Meredith Curley	30:06.1	44	F	Gilbert	
57	11	Edna Arthurs	30:07.0	67	F	Bellingham	
58	62	Adam Driscoll	30:12.3	33	M	San Diego	
59	86	Jessa Gomez	30:13.3	24	F	Chino	#AbuelitosDay
60	8	Bulent Alemdar	30:14.0	44	M	Carlsbad	Team Mugus
61	57	Cindy De La Rosa	30:23.7	25	F	San Diego	
62	161	Phil Popp	30:23.9	35	M	San Marcos	Team Ireland
63	204	Nicole Griesi	30:24.1	33	F	San Diego	
64	160	Michelle Popp	30:24.4	31	F	San Marcos	Team Ireland
65	84	Holly Given	30:43.8	57	F	La Jolla	
66	205	Nicholas Griesi	30:55.2	9	M	San Diego	
67	183	Carlos Vasquez	30:56.3	28	M	Chula Vista	Team Kohl's Eastlake
68	66	Caesar Escobarf	30:56.3	39	M	Sunnyvale	
69	120	Betsy Licon	30:57.6	36	F	Chula Vista	Team Kohl's Eastlake
70	81	Boni Geng	31:34.2	27	F	San Diego	Team TimStrong
71	106	Emily Jensen	31:36.7	12	F	San Diego	Team Julia Gruca
72	97	Ric Hovda	31:42.7	66	M	San Diego	Nat. Personal Training Inst.
73	110	Steven King	31:48.5	50	M	Tustin	Team Peregrine
74	207	Allison Cappabianca	31:54.2	27	F	San Diego	Julia Gruca
75	94	Brittany Hamilton	31:54.4	28	F	San Diego	Team Julia Gruca
76	85	Gerardo Gomez	31:57.0	32	M	National city	Roberto il Guerriero
77	199	Angela Long	31:59.1	34	F	Escondido	
78	88	Jorge Gomez	31:59.8	58	M	San Diego	Roberto il Guerriero
79	149	Rachael O'Banion	32:03.3	28	F	Anaheim	Team Julia Gruca
80	7	Kristen Albair	32:04.8	36	F	San Diego	Team TimStrong
81	36	Taylor Carr	32:18.6	22	F	San Diego	Nat. Personal Training Inst.
82	191	Jesse Zapata	32:20.9	52	M	Tustin	Team Peregrine
83	72	Lulu Fernando	32:23.5	35	F	National City	
84	147	Patrick Munar	32:25.8	35	M	Cherry Valley	Team Merlyn
85	189	Jasinda Wosser	32:48.3	36	F	Carlsbad	
86	6	Jocelyn Abuyen	32:49.8	40	F	Spring Valley	
87	22	jennifer Benitez-Bartels	32:50.5	40	F	chula vista	
88	5	AnnaMarie Abrams	32:56.4	31	F	arcadia	
89	56	Caela Day	32:59.7	27	F	San Diego	
90	141	Susan McCrackin	33:00.0	50	F	Santee	
91	98	David Hughes	33:11.8	37	M	Vista	Team Hughes

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92	212	Andrew Kelly	33:19.4	48	M	Chicago	
93	37	Lisa Caudle	33:34.0	44	F	Carlsbad	Team Ireland
94	55	Barry Davis	33:37.7	55	M	Chula Vista	
95	153	Jacquelyn Owens	33:42.8	35	F	Chula Vista	
96	99	Evan Hughes	33:57.2	11	M	Vista	Team Hughes
97	29	Kristina Buckner	33:59.4	34	F	La Jolla	1 team 1 Fight!!
98	210	Chris Urner	34:01.8	44	M	Los Angeles	
99	182	Andrew Urner	34:02.2	7	M	Los Angeles	Wickware Clan
100	173	Jason Shan	34:38.0	9	M	Irvine	Team Peregrine
101	175	Joanne Shinozaki	34:58.8	44	F	San Diego	
102	21	Michael Basa	35:36.9	16	M	San Diego	
103	100	Ryan Ishikawa	35:45.0	32	M	orange	Team Peregrine
104	44	Travis Clark	35:49.2	30	M	San Diego	Nat. Personal Training Inst.
105	169	Jessica Sartori	36:00.0	31	F	San Diego	
106	23	Jeff Bernardo	36:07.3	37	M	Chula Vista	
107	10	Janilyn Arsenio	36:09.6	32	F	San Diego	
108	123	Susan Lockbaum	36:17.4	45	F	San Diego	
109	220	Vicki Sussman	36:28.6	60	F	San Diego	Marlene's Wish
110	61	Karen Downey	36:49.1	37	F	Cortland	
111	148	Hiep Nguyen	36:59.8	29	M	orange	Team Peregrine
112	48	Eric Cooksey	37:01.5	44	M	Tustin	Team Peregrine
113	179	Marissa Stafford	37:30.4	27	F	Poway	
114	34	Cynthia Carey	37:40.7	28	F	Encinitas	Team Ireland
115	35	Nicholas Carey	37:41.4	25	M	Encinitas	Team TimStrong
116	20	Maria Basa	37:50.5	41	F	San Diego	
117	107	Holly Jones	38:00.7	33	F	Campbell	Team Peregrine
118	166	Alieha Sack	38:01.1	32	F	Newfane	
119	69	Megan Evans	38:20.8	24	F	San Diego	
120	176	Earl Simon	38:27.2	22	M	San Diego	
121	192	Emily Zelaya	38:28.4	37	F	National City	
122	90	Raylyn Grund	38:39.9	34	F	San Diego	
123	125	David Long	39:00.0	76	M	San Diego	
124	188	Candace Wilson	39:09.9	28	F	San Diego	BD Biosciences - San Diego
125	63	Jeremy Dutson	39:10.5	34	M	San Diego	BD Biosciences - San Diego
126	168	Michelle Santos	39:13.4	29	F	Azusa	
127	65	santiago enriquez jr	39:25.1	45	M	La Puente	
128	222	Courtney Soule	39:25.9	23	F	San Diego	
129	221	Valerie Clements	39:26.2	26	F	San Diego	
130	24	Rosie Berumen	39:28.5	32	F	Garden Grove	
131	214	Joseph Spidk	39:40.8	39	M	San Diego	
132	165	Daniel Roth	40:16.7	49	M	Hunt Bch	
133	9	Remya Aravind	40:22.6	34	F	San Diego	
134	219	Andrew Sussman	40:24.8	63	M	San Diego	Marlene's Wish
135	213	Bronwyn Kelly	40:28.4	40	F	Chicago	
136	77	Joseph Ford	40:35.4	36	M	Cortland	
137	87	Jessa Gomez	41:24.2	9	F	san diego	#AbuelitosDay
138	209	Carlos Gomez	41:25.1	29	M	San Diego	#AbuelitosDay

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139	225	Micheal Yap	41:39.5	28	M	San Diego	
140	115	alison labuton	41:40.2	24	F	san diego	
141	67	Vanessa Espineli	41:40.3	27	F	san diego	
142	162	Jhandelver Quito	41:43.8	25	M	chula vista	
143	131	Tyrone Love	42:17.8	30	M	Los Angeles	Gram's Fight
144	70	Jeanne Everard	43:05.2	62	F	Waukesha	
145	27	Anthony Brown	43:27.4	45	M	RS Margarita	Team Peregrine
146	68	Nashchely Espinoza	43:40.5	27	F	Indio	#AbuelitosDay
147	31	Eloiza Camacho	44:02.4	29	F	orange	Team Peregrine
148	152	Kellie Owen	44:03.6	54	F	la mesa	PD 5K Team
149	193	Aida Pinones	44:07.7	30	M	San Diego	Tyrone's Team
150	40	Yohan Chang	46:44.5	30	M	orange	Team Peregrine
151	89	Violet Gonzalez	47:02.9	30	F	Cathedral City	#AbuelitosDay
152	159	John Polovick	47:03.0	27	M	Indio	#AbuelitosDay
153	12	Angela Asencion	47:24.3	28	F	R Cucamonga	Team Ebeng
154	13	Annalyn Asencion	47:25.0	30	F	R Cucamonga	Team Ebeng
155	128	Araceli Lopez	50:13.6	32	F	Chula Vista	#AbuelitosDay
156	129	Jeanette Lopez	50:14.1	27	F	Chula Vista	#AbuelitosDay
157	46	Pat Coffey	50:30.4	76	F	San Diego	Marlene's Wish
158	15	Dan Austin	50:41.6	55	M	San Diego	
159	130	Jayden Love	51:15.9	8	M	Los Angeles	Gram's Fight
160	181	sabrina stoffle	51:53.0	29	F	Los Angeles	Gram's Fight
161	156	Sheila Pemberton	52:06.6	35	F	La Mesa	
162	144	Keri Moore	52:08.4	35	F		
163	157	Tony Phakasoum	53:15.9	30	M	San Diego	
164	119	Myquyen Le	53:16.4	29	F	San Diego	
165	108	Nicole Kabir	59:05.3	32	F	Corona	Team Merlyn
166	28	Tyrone Brown	00:17.0	36	M	San Diego	Its Mental Music - Imm
167	64	briann emery	02:40.0	24	F	la mesa	DMH
168	163	Collene Roe	11:04.5	23	F	Santa Ana	Team Lucy